



Recreation Connections

A pilot program of Ontario March of Dimes and Easter Seals Ontario



Helping Kids with Physical Disabilities Succeed

Easter Seals Ontario and Ontario March of Dimes have partnered up to offer 16-29 year olds with a physical disability in the Ottawa area, opportunities to come together to attend social outings, day trips and sporting events. The goal of the project is to encourage social networking amongst young people transitioning from youth to adult services.

Possible trips include:

- Ottawa Fury soccer game
- City tours
- Trips to the Museum of Nature, the Science and Technology Museum, the Aviation Museum, the Museum of Civilization and the Museum of War
- Parliament Hill
- Whitewater rafting
- Accessible gliding

Join us for a coffee and a chat. This is a client led project, **your input is vital**. Come and share your ideas!!!

This project has been made possible with the support of



Please contact Chris Hellawell for more details or with requests for events you would like to attend:
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